

BLUR 4X**RIDER WEIGHT****AIR PRESSURE****IFF PRESSURE****SHOCK SAG****5th ELEMENT
AIR SHOCK**

100 lbs (45.5 kg)

60-80 psi (4.1-5.5 bar)

50-70 psi (3.4-4.8 bar)

10-15 mm

120 lbs (54.4 kg)

80-100 psi (5.5-6.9 bar)

50-70 psi (3.4-4.8 bar)

10-15 mm

140 lbs (63.5 kg)

90-110 psi (6.2-7.6 bar)

50-70 psi (3.4-4.8 bar)

10-15 mm

160 lbs (72.6 kg)

100-120 psi (6.9-8.3 bar)

50-80 psi (3.4-5.5 bar)

10-15 mm

180 lbs (81.8 kg)

100-120 psi (6.9-8.3 bar)

50-80 psi (3.4-5.5 bar)

10-15 mm

200 lbs (90.7 kg)

100-120 psi (6.9-8.3 bar)

70-90 psi (4.8-6.2 bar)

10-15 mm

220 lbs (99.8 kg)

100-130 psi (6.3-9.0 bar)

70-90 psi (4.8-6.2 bar)

10-15 mm

240 lbs (108.8 kg)

120-140 psi (8.3-9.7 bar)

80-100 psi (5.5-6.8 bar)

10-15 mm

RIDER WEIGHT**AIR PRESSURE****SHOCK SAG****FOX RP3
AIR SHOCK**

100 lbs (45.5 kg)

100 psi (6.9 bar)

10-15 mm

120 lbs (54.4 kg)

120 psi (8.3 bar)

10-15 mm

140 lbs (63.5 kg)

140 psi (9.7 bar)

10-15 mm

160 lbs (72.6 kg)

160 psi (11.0 bar)

10-15 mm

180 lbs (81.8 kg)

180 psi (12.4 bar)

10-15 mm

200 lbs (90.7 kg)

200 psi (13.8 bar)

10-15 mm

220 lbs (99.8 kg)

220 psi (15.1 bar)

10-15 mm

240 lbs (108.8 kg)

240 psi (16.5 bar)

10-15 mm

RIDER WEIGHT**AIR PRESSURE****SHOCK SAG****ANSWER 3 WAY
AIR SHOCK**Start with 75 psi for SPV,
not going below 50 psi,
and not to exceed 175 psi.

100 lbs (45.5 kg)

60-70 psi (4.1-4.8 bar)

10-15 mm

120 lbs (54.4 kg)

70-80 psi (4.8-5.5 bar)

10-15 mm

140 lbs (63.5 kg)

80-90 psi (5.5-6.2 bar)

10-15 mm

160 lbs (72.6 kg)

90-100 psi (6.2-6.9 bar)

10-15 mm

180 lbs (81.8 kg)

100-110 psi (6.9-7.6 bar)

10-15 mm

200 lbs (90.7 kg)

110-120 psi (7.6-8.3 bar)

10-15 mm

220 lbs (99.8 kg)

120-130 psi (8.3-8.9 bar)

10-15 mm

240 lbs (108.8 kg)

130-140 psi (8.9-9.7 bar)

10-15 mm